

## HEALTHY CHILDREN AND YOUTH (HCY) PROGRAM

The HCY program expands the range of services that are available to children under Medicaid coverage. The Division of Medical Services has enrolled mental health providers and other providers not traditionally in the Early Periodic Screening Diagnosis and Treatment (EPSDT) program. The list of professionals who may authorize screenings was expanded to include CD staff. Residential Treatment Providers may now bill HCY for counseling services that are provided to CD children in their care.

Missouri was granted a Section 1915 waiver, allowing the State to provide Medicaid coverage through managed care. The goals of managed care are to:

- Provide better access to care for Medicaid consumers, through the development of health provider networks in the form of managed care plans;
- Control Medicaid costs, by paying a capped rate per person per month to the health plans, who are in turn responsible for providing all necessary care; and
- Improve quality of services provided, by arranging for continuous care with the same provider and holding providers accountable for the quality of care they provide.

Many families participate in one of the MC+ Family Healthcare programs. These families have their mental health and behavioral health needs met through the managed care plan.

Any child or youth age 21 that is eligible for Missouri Medicaid and has a medical need may receive HCY services. The HCY services covered consist of: full, partial and inter-periodic health screenings; medical and dental examinations; immunizations; and medically necessary treatment services. Examples of HCY services are: physician, clinic, and nurse practitioner services; inpatient and outpatient hospital services; developmental assessments; dental services, including orthodontics; eyeglasses, hearing aids; transportation services; private duty nursing services; home health and personal care services; medical equipment and supplies; speech, occupational and physical therapy; prosthetic and orthodontic services; case management; medications and treatment of lead poisoning. Mental Health services can be provided through this program with a referral from a Primary/Medicaid physician or county health nurse through the EPSDT process.